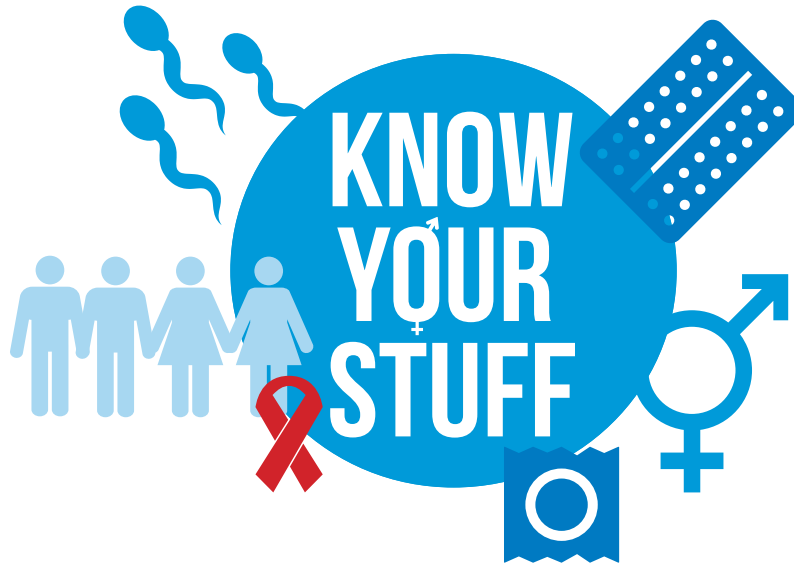




Helping you live well
in Worcestershire

Worcestershire Health and Care **NHS**
NHS Trust

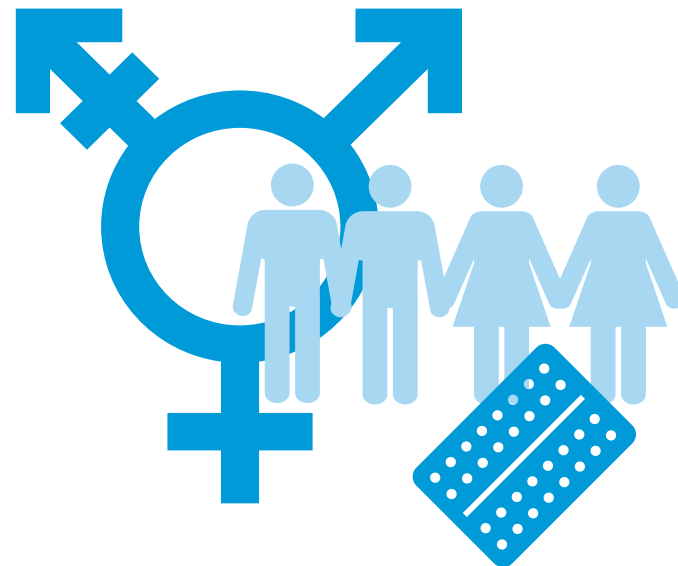


Worcestershire's Integrated Sexual Health Service

Training Menu 2017

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WHO ARE WE?

Worcestershire is proud to have had a highly regarded, integrated sexual health service since 1998. Our working philosophy underpins our commitment to the provision of friendly, accessible, holistic and evidence based sexual health care for the population of Worcestershire. This takes place in the context of a rigorous clinical governance framework. We believe people have the right to fair and balanced information to make sexual health choices, while acknowledging diversity, rights and responsibilities for both themselves and others'.

THE SEXUAL HEALTH EDUCATION TEAM

The sexual health education team provide education and training on a range of sexual health and relationships issues. This is from a non-clinical perspective. We support colleagues, both from the trust and in partner agencies. This complements clinical practice and has received consistent positive evaluation.

DEBRA NEWTON, BSC, MSC, CERT FE TEACHING

Debra came to the UK after working in education and occupational health in the USA. She has worked in sexual health since 2001 as a Health Promotion Specialist working with professionals and young people to promote positive sexual health awareness. Debra is particularly interested in work to encourage young people to delay early sex.

KATE WILSON, BA; CERT FE TEACHING

Kate joined the sexual health service as a Health Promotion Specialist in 2001. Prior to this she worked in education welfare and residential care. Kate's professional interests include the impact of pornography on young people and their relationships.

SEXUALITY AWARENESS

This half day course provides an opportunity to raise awareness of the diversity of sexuality. Delegates have an opportunity to explore personal beliefs and attitudes and how these influence professional practice.

Audience: Professional working with young and vulnerable people.

Dates:

- Thursday 18th May

Duration: 09:30-13:30

Charge: Free of charge

Room 3, Woodside, Worcestershire

CURRENT ISSUES FOR YOUNG PEOPLE'S RELATIONSHIPS

This half day course provides an opportunity to explore attitudes and values around sexual health and develop skills and confidence for working with young people on sex and relationship issues.

Audience: Professionals working with young people around sexual health and relationships.

Dates:

- Friday 10th February
- Tuesday 4th July
- Friday 15th December

Duration: 09:30-13:30

Charge: Free of charge

Room 1, Woodside, Worcestershire

PORNOGRAPHY & YOUNG PEOPLE

This one day course provides an opportunity to explore the influence pornography can have on young people's attitudes towards sex and relationships.

Audience: Professional working with young and vulnerable people.

Dates:

- Monday 3rd April
- Friday 29th September

Duration: 09:30-16:30

Room 1, Woodside, Worcestershire

C-CARD TRAINING (CONDOM DISTRIBUTION SCHEME)

This half day course provides an opportunity to learn more about Worcestershire's C-card scheme and distribute condoms under local guidance.

Audience: Professionals from organisations already signed up to the C-card scheme who are working with young people.

Dates:

- Monday 27th March
- Friday 15th September

Duration: 09:30-12:00

Charge: Free of charge

Room 1, Woodside, Worcestershire

JOY OF GOOD SEXUAL HEALTH

This one day course provides an opportunity to focus on positive aspects of sex and relationships and supports staff to discuss positive and enjoyable relationships for the young people they work with.

Audience: Professional working with young and vulnerable people.

Dates:

- Friday 27th January
- Monday 17th July

Duration: 09:30-16:30

Room 1, Woodside, Worcestershire

ENCOURAGING YOUNG PEOPLE TO DELAY EARLY SEX

This one day course provides an opportunity to explore a range of practical ways of working with young people to help them make positive and healthy decisions for themselves and resist pressures to have early sex.

Audience: Professionals working with young and vulnerable people.

Dates:

- Wednesday 25th January
- Thursday 8th June
- Tuesday 14th November

Duration: 09:30-16:30

Charge: Free of charge

Room 1, Woodside, Worcestershire

THE ROLE OF THE GOVERNORS IN SRE

This 2 hour course provides opportunities for governors of middle and high schools to clarify their responsibilities regarding sex and relationships education.

Dates:

- Thursday 29th June

Duration: 18:30-20:30

Charles Hastings Education Centre, Worcestershire.

Charge: £35 per person

SEX & RELATIONSHIPS EDUCATION (SRE) IN PRIMARY AND SECONDARY SCHOOLS

This one day course provides an opportunity for school staff to increase their knowledge of SRE and raise confidence to deliver effective SRE within the context of PSHE. The course provides opportunity to explore practical lesson ideas which can be utilised in the classroom.

Audience: PSHE teachers and relevant school staff

Dates:

- Wednesday 29th March
- Monday 5th June
- Wednesday 8th November

Duration: 09:30-16:30

Room 1, Woodside, Worcestershire

TERMINATION OF PREGNANCY

This half day workshop offers an opportunity to explore the sensitive area of termination from a non-clinical perspective. The workshop offers practical suggestions for addressing the subject with young people in a non-judgemental way.

Dates:

- Monday 6th February – Room 1
- Wednesday 20th September – Room 2

Duration: 09:30-13:30

Charge: Free of charge

Woodside, Worcestershire

HIV UPDATE – A NON-CLINICAL PERSPECTIVE

This half day workshop offers an opportunity to explore HIV from a non-clinical perspective. HIV is a much misunderstood virus with dated attitudes prevailing. This workshop offers practical ways to clarify facts and challenge stereotypes.

Dates:

- Monday 24th April
- Tuesday 10th October

Duration: 09:30-13:30

Charge: Free of charge

Room 1, Woodside, Worcestershire

NEW COURSE

IMPACT OF TECHNOLOGIES ON SEXUAL ATTITUDES AND RELATIONSHIPS

Dates:

- Wednesday 8th March – Room 2
- Monday 2 October – Room 1

Duration: 09:30-13:30

Charge: Free of charge

Woodside, Worcestershire

Course address: Woodside, Perry Wood Walk, Worcester, WR5 1ES

COURSES AT A GLANCE!

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Name: _____
 Job Title: _____
 Address: _____

 Email: _____

Please indicate below which course(s) you wish to attend:

Course title: _____
 Date of course: _____

 Course title: _____
 Date of course: _____

 Course title: _____
 Date of course: _____

 Course title: _____
 Date of course: _____

If you are unable to attend training, you are welcome to send a colleague in your place. However if delegates fail to attend, without providing notice within two working days of the scheduled training date, their department may be subject to a cancellation charge. Please inform us if you have specific access or dietary requirements.

Please note: Lunch and refreshments are not provided. Therefore delegates are advised to bring their own or use the vending machines on site (change required).

**Please return completed application form to Sexual Health Education Team
 Isaac Maddox House
 Shrub Hill Road
 Worcester
 WR4 9RW
 Email: whcnhs.sheducation@nhs.net
 Tel: 01905 681 744**

**Where applicable please include payment.
 Cheques payable to:
 Worcestershire Health & Care NHS Trust**

www.hacw.nhs.uk