

**YOUNG  
Solutions**



## Seek and Reach

Seek and Reach is a support and mentoring scheme for young people aged 16-24 who are not in education, training or employment living in Worcestershire.

- 1-1 flexible tailored support from a Key Worker
- Support to remove barriers to progression
- Support to build confidence, self esteem
- Signposting for wider issues facing young people
- Practical and emotional support
- Support accessing work, education and training
- Support with CV's, Application Forms and interviews
- Support for young people with SEND and disabilities

Our aim is to help young people find their feet, recognise their potential and succeed in the future. Our Key Workers build one to one positive relationship and, where necessary, help to remove barriers to progression enabling young people to move into work, education or training.

To find out more or make a referral

Contact Sarah Whitehead

Email: [sarah.w@youngsolutions.org.uk](mailto:sarah.w@youngsolutions.org.uk) Mobile: 07458 012719

Visit: [www.youngsolutions.org.uk](http://www.youngsolutions.org.uk)

Find us on Facebook: Seek and Reach