



YOUNG Solutions

Seek and Reach

MOVE ON
with your
MENTOR

Why have your own mentor?
Because they can support YOU...

- One to one at a location you feel comfortable in
- Find your feet, recognise your potential and succeed in the future
- Manage and build positive relationships
- Remove barriers to progression
- Build your confidence and self-esteem
- With any challenges you are facing
- Practically and emotionally
- Accessing work, education and training
- With CV's, application forms and interviews
- Regardless of any learning difficulties or disabilities you have

To find out more contact **Sarah Whitehead**

Seek and Reach is a support and mentoring scheme for young people aged 16-24 who are not in education, training or employment living in Worcestershire.



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