



YOUNG Solutions

Seek and Reach Education & Employment Support

**FREE
1:1
SUPPORT**

Are you 16 – 24 and in need of support?

We can support YOU...

- With 1:1 meetings at a suitable location, such as a coffee shop or library.
- To recognise your potential and take steps towards a positive future.
- To build confidence and self-esteem.
- To write a CV, job search, complete application forms and interview preparation.
- With advice and guidance on career options after leaving school, college or university.
- With advice about local college and training courses.
- To attend job and career events.
- With barriers to progression.

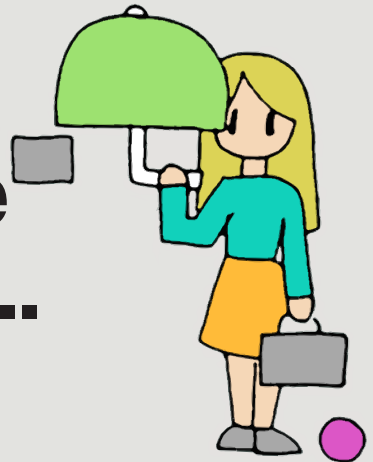
Seek and Reach Education & Employment Support is a 1:1 service for young people aged 16-24 living in Worcestershire.



To find out more, email YSReferrals@youngsolutions.org.uk
visit youngsolutions.org.uk
or call/text **Sarah** on **07458 012719** or **Fliss** on **07458 052643**.



Don't just take our word for it...



“

I have gained confidence and able to apply for and go for jobs. I am more independent than when I started the project in May.

“

Young Solutions helped me improve my confidence and self-esteem and gain employment.

“

I have increased confidence to start a traineeship and to do work experience. I have increased awareness of self-care and positive behaviours.



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It was great having had the opportunity to have either a phone call or a text from Young Solutions.



YOUNG
Solutions