

Summary of DBS roles and levels – Updated Sep 2026

CHILDREN	Role/activity	Frequency
Basic (Done online at www.gov.uk/request-copy-criminal-record)	Teaching/ coaching	only once or not at all
	Working in the same area as children but not working with them (<i>excluding Regulated premises e.g. schools</i>)	any amount
Standard	<i>Only available for certain specified roles as per the guidance. For example, regulated positions in the financial sector, barrister, veterinary surgeon, football steward, court officer...</i>	
Enhanced without Barred List	Teaching/ coaching/ instructing/ counselling/ mentoring	more than once but less than once per week
	Trustee for charity working with children/ youth	any amount
Enhanced with Barred List	Teaching/ coaching/ instructing/ counselling/ mentoring regularly	once a week, more than 3 days in 30 days or overnight
	Providing personal care or reminders	any amount
	Physiotherapist, psychotherapist, first aid organisation, club doctor/nurse (specific trained role) etc	any amount

For more information, see these useful guidance leaflets:

www.gov.uk/government/publications/dbs-guidance-leaflets

www.gov.uk/government/publications/dbs-guidance-leaflets/working-with-children-in-the-charity-sector-and-overseas-aid-organisations#telephone-helpline-workers

www.gov.uk/government/publications/dbs-guidance-leaflets/regulated-activity-with-children

<https://www.gov.uk/government/publications/dbs-guidance-leaflets/099ae5f8-8a84-4224-bf1d-03187cbf9657>

www.gov.uk/government/publications/dbs-check-eligible-positions-guidance

ADULTS	Role/activity	Frequency
Basic (Done online at www.gov.uk/request-copy-criminal-record)	Teaching/ coaching sessions for all	any amount
	Teaching/ coaching specifically those with additional needs due to physical or mental illness	less than once a week
Standard	<i>Only available for certain specified roles as per the guidance. For example, regulated positions in the financial sector, barrister, veterinary surgeon, football steward, court officer...</i>	
Enhanced without Barred List	Teaching/ coaching specifically those with additional needs due to physical or mental illness	once a week ongoing
	Trustee for charity working with adults with additional needs due to physical or mental illness	any amount
Enhanced with Barred List	Providing personal care or reminders	any amount
	Physiotherapist, psychotherapist, first aid organisation, club doctor/nurse (specifically required role) etc	any amount

For more information, see these useful guidance leaflets:

www.gov.uk/government/publications/dbs-guidance-leaflets/working-with-adults-in-the-charity-sector-and-overseas-aid-organisations

www.gov.uk/government/publications/dbs-guidance-leaflets/dbs-checks-in-sport-working-with-adults

[https://assets.publishing.service.gov.uk/media/5b92b77ee5274a42733d7230/Regulated Activity with Adults in England.pdf](https://assets.publishing.service.gov.uk/media/5b92b77ee5274a42733d7230/Regulated_Activity_with_Adults_in_England.pdf)

[https://assets.publishing.service.gov.uk/media/61e7d5b78fa8f5058bc04a7b/Adult workforce guide v11.0 18012022.pdf](https://assets.publishing.service.gov.uk/media/61e7d5b78fa8f5058bc04a7b/Adult_workforce_guide_v11.0_18012022.pdf)